

Hillcrest Community
Center (HCC)
1907 Hillcrest Dr.
Columbia, MO 65201
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www.CoMO.gov

Recreation Staff at
Hillcrest Community
Center (HCC):

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Office-

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Music-

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Osher Lifelong Learning-

Kristin Millikan

Sarah Ginter-Novinger

Walker Perkins

Bob Hibbs



Columbia Parks & Recreation 50+ Programs

Office Hours: 8:30am - 4:30pm Mon-Fri

October 2016

Join us for a variety of programs, activities, music, dances, crafts, and more for those ages 50 and better. We hope you can attend the activities and don't forget to bring a friend!

50+ Explorers

Wed, Oct 5, 2016 Lv Hillcrest 9:45am/Rtn 12pm \$5 plus lunch

Tour the new Beulah Ralph Elementary School today. Be prepared for some young students enjoying their new school.

Lunch will follow at Angelo's.

NEW!

MEMORY MASTERY FOR SENIORS

Wed, Oct 19 (10am-12 noon) \$25

Memory can get better with age! It's no longer necessary to accept a poor memory or a "senior moment" as a result of growing older. Remember anything you see, read, or hear and retain it forever. You'll be able to recall names and faces, never miss an appointment or birthday or misplace keys or glasses. Easily learn English or foreign vocabularies. Excel at cards and other games; memorize phone numbers, songs, all kinds of facts and quotes. Regain the confidence that comes with a sharp memory in tiptop condition. Pre-registration required.

Location: Hillcrest Community Center



Parks and Recreation 2017 Memberships

Available Oct 1st

Payment can be made in person at the front desk or by mail with check payable to Columbia Parks and Rec. (Membership fee includes activities unless otherwise noted)

\$25/Person Parks & Recreation Membership includes 50+Tours, 50+ Programs at Hillcrest Facility-Music groups (ukulele, bells, choir), Bingo, Potlucks, Painting groups, games, dances, Mah Jongg groups, Explorers trips, Karaoke, Adult Coloring groups, Spanish club, Travel club, and more. **OR**

\$40/Person Parks & Rec/Osher @ Mizzou Combo includes all of the above plus Brown Bag seminars, This Week @ Osher weekly email of upcoming events, and Osher Saturday Morning Book Talks



Special Needs: For accommodations needed due to a disability, please call at least 2 days in advance.

Please Note: The Columbia Adapted Recreation offers programs at Paquin Tower which may also be of interest.

Osher @ Mizzou

The Osher Fall Session begins September 6
Catalogs are available and online at extension.missouri.edu/osher

"A grandmother pretends she doesn't know who you are on Halloween."

- Erma Bombeck

Social Events for October!

Potluck and Bingo – Oct 7

1st Friday (from 11:30am-1pm)

Bring your dish to share at potluck. After cleanup, bingo for prizes begins. Enjoy the day with friends!

Karaoke Friday Night – Oct 7, 21

1st and 3rd Fridays (from 7-10pm)

Share fun and friendship as you sing or just listen to your favorite songs on 2 Friday nights each month. Bring your favorite snacks to share. For more information, Contact Jon Harpert at 573-474-7181.
Requires Hillcrest membership or \$3 at the door.

Jamm and Dance – Oct 14

2nd Friday (from 1-3pm)

Enjoy an afternoon of music for your dancing and listening pleasure. The House Band welcomes you and your requests. Snacks are welcome to share at the break.

Potluck, Dance and Game Day – Oct 21

3rd Friday (from 11:30am-3:30pm)

Bring a dish to share and enjoy a great meal with friends followed by music and games all afternoon.
(Consider returning this evening for Karaoke Night!)

Halloween Mah Jongg Marathon – Oct 25

Play Mah Jongg from 10am-3pm, change tables and partners every 2 games. Cost of \$12 goes to charity (Food Bank). Registration deadline is Oct 14 at Hillcrest front desk and sign up for a dish to bring to the potluck lunch. Snacks are welcome for breaks between games. Costumes are optional for this FUN Halloween Mah Jongg Marathon!

Osher Saturday Morning Book Talk

Wayne Anderson - *Christina's Saga* (2nd Ed.)

Sponsored by: Compass Flower Press

Saturday, Oct 1st - 9:30 am Coffee and Pastries

10:00 am Book Talk begins:

Fee is \$3 at the door or \$20 (10-visit punch card) or Fall 2016/2017 Osher Member ID badge.

Ongoing Monthly Events...



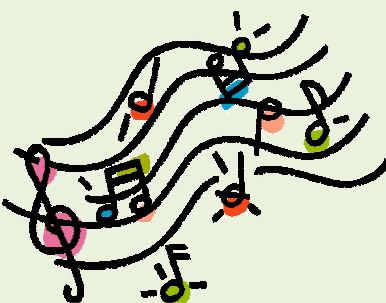
Daily Games:

Jigsaw puzzle,
board and other
games.

Is your card or
game group looking
for a special time or
place to gather?
Maybe we can help.

B I N G O

14	29	38	52	74
4	18	33	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73



Monday / Thursday Painting Groups:

Join our painting groups as they use a wide variety of mediums including oils, water colors, acrylics, charcoal, colored pencils and more. They share ideas, techniques, successes and experiments as they support each other's endeavors on Mondays 9am-noon and/or Thursdays 1-3:30pm.

Mah Jongg:

There are now 4 days with Mah Jongg groups playing—Mon 1-4pm, Tues 10:15am-12:15pm, Thurs 10-12:30; 1:30-4pm & Fri 12:30-4pm. If you are interested in joining a group or being a sub, please inquire at the front desk. Mah Jongg is great fun!

Tuesday Bingo:

Join us every Tuesday to play for practical prizes. Come early to socialize and meet new friends. Calling begins at 1pm.

Wednesday Coloring Group:

Drop-in between 9am-12noon to de-stress, socialize, and be creative. Bring your own supplies or try it out with ours.

Monday and Thursday Dominoes:

Love to play Dominoes? Just want some laughter or company? You'll enjoy a friendly form of Mexican Train dominoes two days a week now—Mon and Thurs starting promptly at 10am.

Music: These practice times may change. Please check with HCC front desk at 874-7475 --scheduled performances take priority over practices.

ALL GROUPS ARE RECRUITING NEW MEMBERS...

Unified Bell Choir	Mon. Oct 17: 3:30-4:30 PM Now at Paquin Tower, 1201 Paquin St
Choir (Good Timers)	Tue. Oct 4: 2-3 PM Candlelight Tue, Oct 18-2PM bus to Colony Pointe/Arbors
Jammers	Wed. Oct 5, 12, 19, 26: 1-3 PM
Ukulele Ensemble	Taking a Break-Stay Tuned...

1st and 3rd Fridays are Karaoke Nights - 7-10 pm